

SWITCH...TO A POSITIVE LINE (Talk Quality to Yourself and Others)

A Bottom-Line Workshop for Achieving Greater Success

THINK IT -- SAY IT -- DO IT ---- IN THE POSITIVE!!

Challenge the habit of negative talk! Just say it in the positive. **You** can do it! Watch the positive impact you can have on others and on yourself. Just rephrase whatever you say to the positive ... for yourself ... and to everybody else!

The positive presentation of your ideas, requests, and self is critical to the **perception** and then, the **reception** of your message. You can make a positive difference in attitudes, the level of teamwork, and ultimately, the quality of your work and the work of those around you.

WHAT YOU SAY:

+ TO YOURSELF ... ABOUT YOURSELF

Positive Self-Talk: the Difference Between Success and Failure in the Workplace

+ TO OTHERS ... ABOUT YOURSELF

Positive Self-Presentation: for More Positive Influence, Increase Others' Confidence In You

+ TO OTHERS ... ABOUT THEM

"People Do Their Best Work When They Feel Good About Themselves"
Help the People Around You Do and Be Their Best!

+ TO OTHERS ... ABOUT EVERYTHING!

Change Your "**Don'ts**" to "**Do's**"
Turning Negatives to Positives for More Cooperation
There's **Always Another** Way To Say It!
Bring Back Some of the Thrill to the Same Old Job
The Olympic Table-Setting Story (To Inspire Us All)
Receive Your Own Standing Ovation!

"Nothing short of wonderful! Kathy is a fireball and energizing; the best speaker I've ever heard. I've been to training with Kathy that involved 25-30 people and also 250 people. She is very interactive with a large group."

Linda Black
Central Carolina Bank, Lexington, NC

"Kathy Sprau conducted a day long motivational seminar around 3 ½ years ago. My employees are still using buzz words, etc. She really made an impressive impact. She was great! We love her! My employees are still using what they learned."

William Clutter
Student Services, East Carolina University